

Camille Mica MA

6363 Wilshire Boulevard Suite 520
Los Angeles California 90048

(424) 259-3238

CamilleMica@AngelesPsychologyGroup.com
AngelesPsychologyGroup.com

LICENSE, CREDENTIAL, & REGISTRATION

Registered Psychological Assistant PSB94025394
NPI 1578186896

EDUCATION

PhD Psychology Meridian University	Anticipated 2021 Petaluma California
MA Psychology Meridian University	2019 Petaluma California
BA Clinical Psychology & Theology Franciscan University of Steubenville	2015 Steubenville Ohio

PROFESSIONAL TRAINING

Internal Family Systems Therapy Level I Training IFS Institute with Kay Gardner MS LCPC <i>Two seven-day in-depth trainings over 6 months (84 hours total) in employing the Internal Family Systems model in the practice of psychotherapy, integrating psychology, somatics, spirituality, intrapsychic, and family systems theory with an emphasis on trauma.</i>	2020 Tucson Arizona (Distance)
--	-----------------------------------

Yoga for Healing Trauma Trauma-Informed Yoga Certification Training Uprising Yoga with Jill Ippolito <i>Training in facilitating trauma-informed yoga classes with an emphasis on under-resourced communities, incarcerated youth, and survivors of commercial sexual exploitation of children (CSEC)/human trafficking, integrating psychology and social justice considerations.</i>	2019 Los Angeles California
---	--------------------------------

Dancing Mindfulness Facilitator Certification Training Institute for Creative Mindfulness with Ramona Skriiko <i>Individualized training and certification as a facilitator of Dancing Mindfulness, an approach integrating mindfulness, dance/movement, and expressive arts therapy within a trauma-informed framework.</i>	2017 Chicago Illinois (Distance)
---	-------------------------------------

Yoga Teacher Training 200-Hour Certification Program The Yoga Institute with Lex Gillan <i>Intensive yoga teacher training incorporating a classical vinyasa krama approach with sensitivity to various ability levels and an emphasis on meditation practice, culminating in 200-hour certification by the National Association of Certified Yoga Teachers and registration by Yoga Alliance (RYT-200).</i>	2017 Houston Texas
---	-----------------------

Trauma-Informed Expressive Arts Therapy Certificate of Completion Trauma-Informed Practice and Expressive Arts Therapy Institute with Cathy Malchiodi PhD LPCC REAT <i>Course in fundamentals of Expressive Arts Therapy theory and practice with an emphasis on traumatized populations and children, integrating multimodal arts practices including visual art, sound/music, poetry and writing, bibliotherapy, drama, and dance/movement.</i>	2011 Steubenville Ohio (Distance)
--	--------------------------------------

PROFESSIONAL EXPERIENCE

Angeles Psychology Group, A Professional Psychology Corporation 2020-present
Registered Psychological Assistant PSB94025394 Los Angeles California

- Provide long-term individual, couple, and family psychotherapy, one or more times per week, under the clinical supervision of Neil Schierholz PsyD PSY25154
- Approaches include psychoanalytic, psychodynamic, imaginal, Internal Family Systems, character analytic, expressive arts, and somatic models
- Participate in weekly individual supervision and administrative meetings, as well as monthly clinical case consultation

Empower Her Network 2019-present
Southern California Survivor Advocate Los Angeles California

- Provide advocacy, counseling, mentorship, and case management for survivors of human trafficking, with an emphasis on long-term relational and social-emotional support
- Develop and implement individual empowerment plans in support of long-term goals for housing, education, and employment
- Identify and connect with community resources and provide crisis management services as needed
- Engage in public education efforts, speaking events, partnership, consultation, and collaboration with multiple agencies and social service providers
- Consulted for UCLA/LA City Attorney's Office research study and cited in Chi, C., Kosaka, J., Li, M., Jung, M., Ahmed, N. (2020). *Shedding light on labor trafficking: How Los Angeles can bring attention to a network that enslaves its invisible economy*. Los Angeles, CA: UCLA Luskin School of Public Affairs.

Valley Community Counseling Clinic 2019-2020
Psychological Intern North Hollywood California

- Provided individual psychotherapy, one or more times per week, under the clinical supervision of Kenneth Scott PsyD PSY18087, Goni Bissell PsyD PSY25713, and Roland Rozen PhD PSY9910
- Approaches included psychoanalytic, psychodynamic, and relational psychotherapy with an emphasis on community mental health
- Participated in weekly group supervision, individual supervision, case conference, psychoanalytic reading groups, and periodic psychoanalytic didactic training
- CAPIC-accredited internship site

Human Trafficking Legal Network 2018-2019
Consultant Los Angeles California

- Worked in collaboration with attorneys and other social service providers in development of holistic enrichment programs for foster youth and youth at risk of human trafficking
- Provided consultation on trauma-informed care and compiled a comprehensive research database
- Engaged in public speaking and community events emphasizing preventive measures related to commercial sexual exploitation of children (CSEC) and human trafficking

SAFE Coalition for Human Rights 2017-2018
Intern, Advisory Board Member, Committee Chair Chicago Illinois and Munster Indiana

- Worked closely with various local and international leaders in non-profit and NGO sectors in development of human trafficking prevention, awareness, and aftercare efforts under supervision of Kalyani Gopal PhD
- Assisted in development of International Anti-Human Trafficking Certification Training program
- Organized staff, volunteer, and partner meetings and communications
- Served as Advisory Board Member and Co-Chair of Research and Social Media Committee
- Served as Committee Member and staff member for SAFE 2018 Global Conference on Human Trafficking: "Innovative Response to Migration, Conflict, & War"
- Developed research database on trauma and clinical perspectives for human trafficking intervention and aftercare
- Participated in administration, marketing, networking, graphic design, and fundraising efforts

- Organized and hosted radio show for human trafficking awareness and prevention
- Wrote content for organizational publications

New Breath Yoga & Movement

2017-2018

Founder, Registered Yoga Teacher (RYT-200)

East Bernard Texas

- Developed curriculum and taught group and private yoga classes for adults, senior citizens, and youth from a wide range of ages and ability levels, incorporating mindful movement, meditation, and breathwork
- Approaches included a variety of yoga styles, including vinyasa krama, vinyasa flow, Core Strength Vinyasa, yin yoga, and restorative yoga
- Founded and managed yoga business/studio

San Diego Board of Supervisors

2015-2016

Human Trafficking Victim Service Committee Member

San Diego California

- Collaborated with legal personnel, law enforcement, and social service providers in addressing concerns related to CSEC/human trafficking in San Diego County and developing best practices for human trafficking intervention

TEACHING & PRESENTATIONS

Mica, C. (Panelist). (January 2020). *Ending human trafficking and supporting survivors*. Los Angeles, CA: The Wing.

Mica, C. (Panelist). (August 2019). *Annual JLSB focus area training: Commercial sexual exploitation in Santa Barbara county*. Santa Barbara, CA: Junior League of Santa Barbara.

Mica, C. (Panelist). (November 2018). *Human trafficking: Survivors' rights and advocacy*. San Diego, CA: Public Interest Advocacy Collaborative.