

Megan Mansfield, PsyD
Clinical Psychologist (PSY13497)
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EDUCATION

California School of Professional Psychology · Alhambra, CA September 2014 - August 2018

Clinical Psychology · Doctor of Psychology, PsyD · APA Accredited · Magna Cum Laude Honors
Dissertation: *A Guide for Psychotherapists Working with Lesbian Sexual Assault Survivors*
Dissertation Chair: Judith Holloway, PhD; Committee Member: Christina Magalhaes, PhD
Publication Date: July 2017

Clinical Psychology · Master of Arts, MA · APA Accredited
Degree Obtained: August 2016

Arizona State University · Tempe, AZ August 2008 - May 2012
Major: Psychology · Minor: Justice Studies · Bachelors of Arts, BA · Cum Laude Honors

PROFESSIONAL CLINICAL EXPERIENCE

Dr. Kate Truitt & Associates · Pasadena, CA December 2019 - Present

Clinical Psychologist (PSY31497)

- Providing individual psychotherapy to adolescent and adult patients from various cultural backgrounds presenting with a broad range of psychiatric diagnoses
- Facilitating weekly trauma-informed group for survivors of sexual assault: Recovery, Insight, and Survivor Empowerment (RISE)
- Delivering outreach presentations and workshops in order to provide psychoeducation on brain health and to promote resilience in the community
- Providing training and consultative services to delegates completing Certification in Havening Techniques, an innovative treatment based in neuroscience for amygdala-based disorders
- Indirect services include conducting research, clinical case presentations, staff meetings, program development, and consultation with psychiatrists and other medical professionals

SUPERVISED CLINICAL EXPERIENCE

Dr. Kate Truitt & Associates · Pasadena, CA August 2018 - December 2019

Post-Doctoral Psychological Assistant

- Provided individual psychotherapy to adolescent and adult patients from various cultural backgrounds presenting with a broad range of psychiatric diagnoses
- Developed and facilitated weekly trauma-informed group for survivors of sexual assault: Recovery, Insight, and Survivor Empowerment (RISE)
- Delivered outreach presentations and workshops in order to provide psychoeducation on brain health and to promote resilience in the community
- Provided training and consultative services to delegates completing Certification in Havening Techniques, an innovative treatment based in neuroscience for amygdala-based disorders
- Indirect services include conducting research, clinical case presentations, staff meetings, program development, and consultation with psychiatrists and other medical professionals

California State University, Long Beach · Long Beach, CA August 2017 - August 2018

Pre-Doctoral Psychological Intern

- APA-Accredited Psychology Internship Program (2,000 hours)
- Providing individual psychotherapy and crisis intervention to CSULB students from various cultural backgrounds presenting with a broad range of psychiatric diagnoses
- Facilitating weekly interpersonal process group: Understanding Self and Others (USO)
- Delivering outreach presentations and workshops in order to provide psychoeducation and promote positive student development
- Developing and facilitating a weekly semi-structured trauma recovery group for student survivors of sexual misconduct: Recovery, Inclusion, and Survivor Empowerment (RISE)

- Providing consultative services to on-campus Women's and Gender Equity Center, specifically in regard to trauma caused by sexual misconduct and dating violence
- Indirect services include clinical case presentations, staff meetings, scholarly presentations, committee membership, and clinical consultation with onsite psychiatrists and social workers
- Attending various training seminars such as Clinical Assessment, Conceptualization, and Treatment Planning, Practice of Group Therapy, Ethical and Legal Standards, Psychiatric Diagnostic Conceptualization and Psychopharmacology, Diversity, and Crisis Intervention

Los Angeles LGBT Center · Los Angeles, CA

September 2016 - August 2017

Clinical Practicum Trainee

- Completed 54-hour training which included seminars on topics as they relate to the LGBTQIA+ population, such as Issues in LGBTQIA+ Research, Impact of Minority Stress, Addressing Intersecting Identities in Psychotherapy, HIV and AIDS, Fostering Post-Traumatic Growth and Resiliency, and Substance Abuse Treatment
- Provided individual psychotherapy and crisis intervention to adult LGBTQIA+ community members from various cultural backgrounds presenting with a broad range of psychiatric diagnoses
- Administered psychodiagnostic assessments used to facilitate diagnosis, inform treatment, and track client progress
- Indirect services included community meetings, staff meetings, clinical case presentations, and clinical consultation with onsite psychiatrists and social workers

South Central Training Consortium · Los Angeles, CA

September 2015 - August 2016

Clinical Practicum Trainee

- Provided individual psychotherapy and crisis intervention predominately to women and children survivors of domestic violence and sexual assault at Jenesse Center Inc., a domestic violence shelter program which specializes in treating low SES ethnic minority survivors
- Facilitated weekly semi-structured psychotherapy groups related to domestic violence: Substance Abuse, Empowerment, Parenting After Trauma, and Sexual Assault Recovery
- Helped to develop a psychoeducational recovery group: Survivors of Domestic Violence
- Delivered an on-campus outreach program aimed at dating violence prevention to students at Locke High School
- Indirect services included community meetings, staff meetings, case presentations, program development, and consultation with psychiatrists, social workers, and case managers

Gateway to Success · Alhambra, CA

September 2014 - May 2015

Clinical Practicum Trainee

- Responsible for delivering mental health evidence-based curriculums such as 'Promote Alternative Thinking Strategies' (PATHS) and 'Second Step,' which covered topics such as empathy training, self-regulation, and anti-bullying
- Provided individual therapy to Gateway to Success referred students of elementary school age
- Coordinated with the school principle, respective teachers, parents, and Gateway to Success leaders in order to implement wraparound care for students

RESEARCH EXPERIENCE

Cheryl Arutt, PsyD · Beverly Hills, CA

July 2016 - August 2016

Expert Witness Research Assistant

- Responsible for collecting and formulating data to assist clinical and forensic psychologist, Cheryl Arutt, PsyD, in expert witness testimony
- Research focused on psychological impact of sexual assault on adolescent male survivors, characteristics of female perpetrators, and impact of societal misconceptions regarding female perpetrators and male survivors of sexual assault

Sanford-Harmony Project · Phoenix, AZ

January 2012 - May 2012

Research Assistant

- Collected and formulated data using quantitative coding system at low SES preschools
- Examined behavioral data in order to evaluate gender differences within the classroom
- Participated in monthly meetings regarding 'The Lives of Girls and Boys' project by contributing suggestions for a new preschool protocol aimed at improving gender equality

PUBLICATIONS

Mansfield, M. (2017). A guide for psychotherapists working with lesbian sexual assault survivors (Pub No. 10286774) [Doctoral Dissertation, California School of Professional Psychology]. ProQuest LLC.

Mansfield, M. (2016). The problem of sexual assault in the lesbian community. *Perspectives on Lesbian, Bisexual and Transgender Concerns*, 3(1), 14-15.

PRESENTATIONS & TRAININGS

Truitt, K. & Mansfield, M. (February 2021). *Havening techniques certification training*. Virtual Workshop hosted by Viva Excellence.

Truitt, K. & Mansfield, M. (November 2020). *The 2-day accredited training in the havening techniques*. Virtual Workshop hosted by Viva Excellence.

Mansfield, M. & Gonsalves, D. (October 2020). *How to be an affirmative ally & clinician during the holiday season*. Virtual Workshop hosted by Viva Excellence.

Mansfield, M. & Truitt, K. (September 2020). *Healing acute sexual assault with the havening techniques*. Virtual Workshop hosted by Viva Excellence.

Truitt, K. & Mansfield, M. (July 2020). *The 2-day accredited training in the havening techniques*. Virtual Workshop hosted by Viva Excellence.

Mansfield, M. & Truitt, K. (May 2020). *Healing acute sexual assault with the havening techniques*. Virtual Workshop hosted by Viva Excellence.

Truitt, K. & Mansfield, M. (April 2019). *The 2-Day accredited training in the havening techniques*. Virtual Workshop hosted by Viva Excellence.

Truitt, K. & Mansfield, M. (December 2019). *The 2-Day accredited training in the havening techniques*. Pasadena, CA. Presented at Viva Excellence Training.

Mansfield, M. & Martinez, H. (October 2019). *From surviving to thriving: Harnessing your brain's potential to create empowered change*. Los Angeles, CA. Presented at Models of Pride Annual Conference, at Los Angeles City College.

Mansfield, M. & Martinez, H. (October 2019). *Harnessing the power of neuroscience to enhance allyship as parents and professionals*. Los Angeles, CA. Presented at Models of Pride Annual Conference, at Los Angeles City College.

Mansfield, M. & Martinez, H. (October 2018). *Demystifying the alphabet soup: Embracing sexual fluidity*. Los Angeles, CA. Presented at Models of Pride Annual Conference, at California State University, Los Angeles.

Martinez, H. & Mansfield, M. (November 2017). *Mental health first aid*. Los Angeles, CA. Presented at CSULA Public Health Association Training, at California State University, Los Angeles.

Martinez, H. & Mansfield, M. (October 2017). *Mindfulness tools for LGBTQ youth*. Los Angeles, CA. Presented at Models of Pride Annual Conference, at University of Southern California.

Mansfield, M. (April 2017). *Working with lesbian and bisexual survivors of sexual assault*. Alhambra, CA. Presented at American Psychological Association, Division 35 Event: Sexual Assault Awareness Month.

Mansfield, M., Dunn, R. K., & Dominguez, C. (March 2017). *Student success: Intercultural processes and human diversity course*. Symposium conducted at California School of Professional Psychology, Alhambra, CA.

Martinez, H. & Mansfield, M. (October 2016). *Mental health first aid for LGBTQ youth*. Los Angeles, CA. Presented at Models of Pride Annual Conference, at University of Southern California.

Mansfield, M. & Magalhaes, C. (August 2016). *Guidance for psychotherapists working with lesbian sexual assault survivors*. Denver, CO. Presented at American Psychological Association Convention.

Mansfield, M. (April 2016). *Internal family systems: An effective approach for working with domestic violence survivors*. Los Angeles, CA. Presented at South Central Training Consortium.

Mansfield, M. (April 2016). *Sexual assault survivors and feminist psychology*. Alhambra, CA. Presented at American Psychological Association, Division 35 Event: Violence Against Women.

Mansfield, M. & Martinez, H. (March 2016). *Mindfulness tools for psychotherapists working with bisexual or lesbian sexual assault survivors*. Las Vegas, NV. Presented at Southwestern Social Sciences Association Conference.

Martinez, H. & Mansfield, M. (October 2015). *Mindfulness tools for LGBTQ youth*. Los Angeles, CA. Presented at Models of Pride Annual Conference, at University of Southern California.

VOLUNTEER & SERVICE EXPERIENCE

Peace Over Violence · Los Angeles, CA

September 2012 - January 2014

Crisis Counselor & Advocate

- Completed extensive state-certified training on special populations such as LGBTQIA+ communities, children, disabled, homeless, undocumented, and elderly individuals, as well as on legal processes for restraining orders, sexual assault criminal cases, and domestic violence criminal cases
- Provided crisis counseling, advocacy, and case management services for survivors of domestic violence, sexual assault, and stalking on the Los Angeles Rape and Battery Hotline and in SART centers at local hospitals
- Acted as an advocate and liaison for survivors communicating with law enforcement, the district attorney's office, family members, nurses, and social workers
- Received Counselor Advocate Crisis Intervention Certification in accordance with State of California Emergency Management Agency

Peace Over Violence · Los Angeles, CA

August 2013 - October 2013

Crisis Counselor & Advocate Trainer

- Trained volunteers enrolled in state-certified crisis intervention training program
- Presented psychoeducational lectures regarding crisis intervention counseling, special populations, domestic violence, sexual assault, stalking, LA Rape and Battery Hotline protocol and SART accompaniment protocol
- Provided one-on-one role play counselor testing to ensure Counselor-Advocate readiness

LEADERSHIP ROLE

APA Division 35: Society for the Psychology of Women

August 2015 - June 2017

Campus Representative

- Responsible for promoting feminist scholarship, research, activism, and practice as well as encouraging awareness about diversity and social intersections via on-campus events and FemPop blog contributions

HONORS & AWARDS

Dean's Award of Excellence · Alhambra, CA

August 2016

- Monetary award for exhibiting excellence in academic performance

CSPS Student Presentation Award · Los Angeles, CA

June 2016

- Award for excellent demonstration of scholarly abilities and contribution to the field of psychology through professional presentation

'Above and Beyond' Honorable Recognition · Los Angeles, CA

May 2013

- Recognized by Peace Over Violence for going above and beyond volunteer duties

Certifications & Certificates

Internal Family Systems (IFS) Certification

January 2021

- Awarded by the IFS Institute to become a Certified Internal Family Systems Therapist
- Training included 108-hour Level 1 Training, 20 hours of clinical consultation, 10 hours of additional didactic training, 200 hours of clinical IFS practice, and approval of demonstration video

Havening Techniques Certification

September 2018

- Awarded Certification by Havening Techniques
- Training included 16-hour live lecture, live demonstrations, experiential exercise, small group supervised practice, case study review, and consultation group attendance

Cognitive Processing Therapy Certification

January 2018

- Awarded Certificate of Completion by the US Navy Bureau of Medicine and Surgery for completing 9-hour training on Cognitive Processing Therapy, an Evidence-Based Practice
- Training included 10 modules of online lectures, readings, video demonstrations, practice assignments and post-training examinations

Internal Family Systems- Level 1 Training Completion

January 2018

- Awarded Certificate of Completion by The Center for Self-Leadership for completing 108-hour training program on Internal Family Systems, an Evidence-Based Practice
- Training included lecture, discussion, live demonstration, video review, experiential exercise, small group supervised practice, and peer practice groups over a 10-month period

Domestic Violence Counselor Certification

October 2016

- Received at South Central Training Consortium upon completion of 40-hour training consisting of lectures and interactive discussions on the dynamics of domestic violence, available resources, and counseling skills necessary to work with those affected by domestic violence
- Certification met in accordance with California Evidence Code 1037.1

Counselor Advocate Crisis Intervention Certification

October 2012

- Received at Peace Over Violence upon completion of 65-hour training consisting of lectures, activities, and interactive discussions designed to provide counselor-advocates with the necessary knowledge and skills to respond to hotline calls and in-person hospital accompaniments for survivors of sexual assault, domestic violence, stalking, and child abuse
- Certification met in accordance with State of California Emergency Management Agency