

Gabrey Milner MA

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LICENSE, CREDENTIAL, & REGISTRATION

California Licensed Marriage & Family Therapist LMFT116263
NPI 1306485412

EDUCATION

MA Clinical Psychology

Antioch University

Emphasis in Spirituality and Depth Psychology

2013
Los Angeles California

BA Liberal Arts/African-American Studies

Columbia University

1998
New York New York

PROFESSIONAL EXPERIENCE

Angeles Psychology Group, A Professional Psychology Corporation

Licensed Marriage & Family Therapist LMFT116263

2020-present
Los Angeles California

- *Provide long-term individual, couple, family, and group psychotherapy to an adult population*
- *Approaches include mind-body trauma resolution and eclectic/depth emphasis with a focus on overcoming unhealthy coping skills*
- *Emphasize a strength-based focus with Black men and women, second-generation Latinx, high-performing executives, academics, artists, and athletes*

A Place Called Home

Lead Counselor

2013-2020
Los Angeles California

- *Provided short-term, once-weekly individual, family, and group psychotherapy to a child, adolescent, and adult population under the clinical supervision of Carol Hayman LMFT27843*
- *Provided brief, solution-focused crisis therapy to walk-in patients on an as-needed basis*
- *Provided solution-focused conflict resolution and behavior interventions to youth aged 8-18*
- *Designed, developed, and delivered teen and parent programs targeting academic persistence, resilience, and social competency*
- *Designed, developed, and delivered goal-oriented psychoeducational and activity therapy groups to improve patients' level of functioning*
- *Approaches included asset-based assessment and treatment approaches, relational psychodynamic therapy with an emphasis on case management and substance abuse treatment models (abstinence and harm reduction)*
- *Worked closely with other mental health, social services, and medical staff to coordinate patient care*
- *Provided supervision to clinical psychology students conducting personality and psychodiagnostic assessment measures for adult patients*
- *Participated in weekly individual supervision, group supervision, and monthly grand rounds meetings*

A Place Called Home

Clinical Trainee

2012-2013
Los Angeles California

- *Provided short-term, once-weekly individual, family, and group psychotherapy to a child, adolescent, and adult population under the clinical supervision of Carol Hayman LMFT27843*
- *Provided brief, solution-focused crisis therapy to walk-in patients on an as-needed basis*
- *Provided solution-focused conflict resolution and behavior intervention to youth aged 8-18*
- *Designed, developed, and delivered teen and parent programs targeting academic persistence, resilience and social competency*

- *Approaches included relational psychodynamic therapy with an emphasis on case management and substance abuse treatment models (abstinence and harm reduction)*
- *Worked closely with other mental health, social services, and medical staff to coordinate patient care*
- *Participated in weekly individual supervision, group supervision, and periodic didactic training*

TEACHING & PRESENTATIONS

Milner, G. (Speaker). (October 2011, January 2012, July 2012, October 2012, & January 2013). *Breakthrough parenting*. Los Angeles, CA: A Place Called Home.

Milner, G. (Speaker). (October 2011). *Mandated reporting training*. Los Angeles, CA: A Place Called Home.